

## 英语

## 阅读理解中主旨大意题解题策略

北京市昌平区第一中学教师 孙嘉遥

同学们,阅读理解能力的培养是中学英语学习的一项重要任务,也是学考的一项重要内容。阅读理解主要考查大家语篇阅读分析和判断能力,要求考生能较快通过阅读理解了解文章大意,获取其中主要信息,能做出正确判断,然后根据试题的要求选出或

写出最佳答案。

阅读理解的命题一般分为四种类型:以考查文章具体实施细节为主的细节理解题;以概括短文和某一段中心思想为着眼点的主旨归纳题;要求判断文章字里行间隐含意义的推理判断题;根据特定的语言

环境判断词、短语、句子具体含义的词义猜测题。

阅读理解首先要做到的就是掌握所读材料的主旨和大意,它是全文的概括和总结。能否抓住这个中心,取决于学生的总结能力。题目主要考查考生能否分辨主题和细节,是否具备

提纲挈领的能力,即是否能在理解全文的基础上运用概括、归纳、推理等逻辑方法对文章进行高度的概括和总结。本文主要讲解的是主旨归纳考点解题策略,希望同学们可以有所借鉴。主旨归纳包含主旨大意和标题归纳两种题型。

## 主旨大意

主旨大意题是学考英语阅读理解的主要题型之一,旨在考查考生对提炼文章大意或中心思想的归纳能力。

## 1. 主旨大意常见命题形式

- (1) What is the passage mainly about?
- (2) What does the passage mainly tell us?
- (3) What's the main idea of this passage?
- (4) The passage is mainly about
- (5) The passage mainly talks about
- (6) The Paragraph X mainly tells us

## 2. 主旨大意解题策略

## 策略①:文/段首式

主题句出现在文首或段首(通常为第一段的第一句或最后一句)。开门见山,提出主题,随之用细节来解释、论证或发展主题思想,做此类试题需要抓住文章第一段的主要内容。

【例1】You're going to a foreigners (外国人的) party. You must be excited about it. But do you know what kind of gift you can send to your foreign friends? Here are some tips.

In some western countries, some gifts like kites, chopsticks may be peo-

ple's favorites.

Use beautiful paper to wrap (包裹) the gifts. Remember not to use white, black or brown paper.

What is the passage mainly about?

- A. Some tips about how to send gifts to our foreign friends.
- B. Some ideas about how to make friends with people from other countries.
- C. Some popular gifts for American people.
- D. Some tips about how to receive gifts from our foreign friends.

【解析1】本例题节选了文章的首段和部分段落,利用所学方法,我们很容易找到首段的主题句:But do you know what kind of gift you can send to your foreign friends? Here are some tips. 这部分翻译为“你知道你应该给你的外国朋友送哪种礼物吗?这是一些建议。”从这一句中很容易看出来,文章接下来讲述的就是送外国朋友的一些建议,再结合选项,正确答案为A。

## 策略②:文/段尾式

主题句出现在文尾或段尾。这类文章通常先阐述细节,然后在段尾或文尾归纳要点,得出结论,从而概括主题。在遇到此类文章时,考生须注意段落的末尾或文章末尾含有总结性或号召性的话语,将其带入文章,总结出

主题。

【例2】As spring came, I started to put in more and more plants until my garden was filled with colors. Life was growing through my hands—peaceful, but above all, hopeful. If I gave love, it was returned, even more than it was worthy. I watched my garden grow bigger and bigger.

.....

So I learned that although we might face many challenges, hope can help us get through them.

What does the article mainly tell us?

- A. We can overcome (克服) challenges in our life.
- B. Growing plants can help us keep healthy.
- C. We shouldn't grow plants in the garden in winter.
- D. We can understand the spirit of life in the garden better.

【解析2】本篇文章节选部分段落,结构明确,结尾点明主题,“尽管我们会面临许多挑战,但只要心存希望,困难就能迎刃而解。”再根据选项,正确答案为A。

## 策略③:开头+结尾式

在有些文章中,为了突出主题,文章开头会点明主题,接着文章进行阐述

或论证,在结尾时再次点明主题,进一步深化主题。注意这样重复点明的内容很可能就是文章主题。

【例3】Everyone has a family name. In China, the family name is the first name, but in English countries the family name is the last name. Do you know how English people get their family names? And what do they mean? English people usually get their family names in these ways (方式).

Some family names come from the places of their homes ...

Some family names come from a person's job ...

And many people get their family names from their father's family names ...

These ways are all bases of a family name in English speaking countries.

The passage mainly talks about:

- A. family names
- B. English people
- C. hills and lakes
- D. jobs and homes

【解析3】此题根据第一段主题句“讲英语国家的人通常以以下的方式作为他们的姓”,以及文章最后一句总结句“这些方式都是他们起名的基础”,再结合文章中间部分多次出现“family names”,所以正确答案为A。

## 标题归纳

此题型需要在细读全文的基础上,结合所学语言知识、背景知识、生活常识等进行逻辑推理和判断,挖掘出文章中隐含的信息,进而高度总结和概括。

## 1. 标题归纳常见命题形式

- (1) What's the best title for this passage?
- (2) What's the best title for the text?
- (3) Which of the following might be the best title for the text?

## 2. 标题归纳解题策略

## 策略①:主题句提炼标题

根据标题的概括性特点,寻找文章的主旨是解答标题归纳题的核心。主题句通常在文章的首段、末段、某一段落或分散在各个段落中。如果每个段落都有主题句,那么把各段落的主题句的中心思想集中起来,即为全文的主题句。

【例1】What is your favorite day of the week? Well, for me, it's Friday. I like Fridays because I have my favorite subjects at school: PE and history...

We also have IT on Friday. It is very interesting.

.....

On Friday nights, I sometimes go to my friend's house and watch a film there.

We can enjoy ourselves on Friday evenings because there is no need to go to school on Saturday or Sunday.

What is the best title?

- A. My Favorite Day
- B. My Favorite Subject
- C. My Favorite Teacher
- D. My Favorite Sport

【解析1】在整篇文章中,我们可

以找到每一段的主题句,“What is your favorite day of the week? Well, for me, it's Friday.”“We also have IT on Friday.”“On Friday nights, I sometimes go...”“We can enjoy ourselves on Friday evenings...”通过这些主题句,正确答案显而易见,选A。

## 策略②:关注核心与高频词汇

文章中反复出现的核心及高频词汇往往代表着文章核心要讨论的话题,要注意文中反复出现或强调的信息,找出覆盖全文的核心词汇,然后验证选项内容是否切中文章的中心论题。

【例2】If you like chocolate, you're not alone. Many people around the world say they can't live if they do not eat chocolate. But have you thought it chocolate is bad to your health?

Eating chocolate makes you happy.

There're over three hundred chemicals (化学物质) in chocolate...

Chocolate makes you fat.

...Eating these and other high-fat chocolate food, like cakes and cookies, can really make you fat...

What is the best title for the passage?

- A. The Danger of Chocolate
- B. Something about Chocolate
- C. The Right Way to Have Good Teeth
- D. How to Keep Healthy

【解析2】通读全文可以确定高频词汇“chocolate”,根据文章中的小标题,以及高频词汇“chocolate”可知,本文主要介绍了巧克力的相关事实。故选B。